



## TREATMENT MENU

Housed in the woodland of this Scandinavian style retreat, our spa provides a calming environment, nurturing atmosphere with sheer relaxation, rejuvenation and tranquillity at its core. This secluded retreat will perfectly complement your day of stress-free relaxation

### MASSAGE

#### TRIBE517 CALIBRATE517

Surrender to the sensation of having your body gently realigned and perfectly 'put back together' again with a body massage like no other, supported lying face down encouraging gravity to enhance the experience, with warm Health & Heal Oil of Sweet Orange & Fennel

#### TRIBE517 HOT ROCKING RELAX

Hot Rocking Relax Recalibration for rocking relaxed muscles and mind. Your choice of heal and health body oil or hypnotic sleep balm combined with hot volcanic stone for a full body massage of intense pleasure for tired bodies, aching muscles and fraught minds. Relinquish control and rebalance your entire being

#### TRIBE517 CALIBRATE 517 LIBERTY

Celebrate your personal freedom, the signature massage with a mood balancing measure of sass. A blend of Ylang & Amaris to energise and relax, wake up and doze off with and mingle of speciality warm manual techniques and bamboo pole

## TRIBE517 MAMA LOVE

Delicate nourishing 'Beautiful Hero' product and supporting pillows make for a 'Love of massage' experience no Mama can resist. Soothe away aches and entice a sleepy head mood. Suited from the second trimester and following baby's arrival

## DECLEOR POLISH AND NOURISH

A body scrub treatment using exfoliating grains alongside fruit enzymes. Used to buff and polish skin leaving it in supreme condition. Followed by a delightful relaxing warm aromatherapy massage allowing your therapist to focus on any areas of tension and stress. This treatment re-energises and restores vitality for the skin, leaving it beautifully nourished and very soft

## DECLEOR DE-STRESS AND REBALANCE

Banish stress with this cocooning and warming relaxation wrap. Developed to improve wellbeing by relieving stress and clearing busy minds, indulgent botanicals actively reduce tension

## DECLEOR PRESCRIPTIVE FACIAL

At the heart of every facial are powerful essential oils renowned worldwide for their simply stunning results. Our prescriptive facial is tailored to meet your concerns, and for your enjoyment and relaxation with these heavenly scents

## PRIDARA THAI STYLE MASSAGE

An enchanting aromatic treatment with a taste of the exotic. This amazing product incorporates Thai herbal heat compresses to deliver an experience that alleviates muscle tension, stimulates senses and creates an ambience that soothes the soul

ALL OUR TREATMENTS ARE 50 MINUTES IN LENGTH  
AND PRICED AT £60